

RISK ASSESSMENT DELIVERY OF FOOTBALL EXPERIENCE



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AUDIT & REVIEW

The effectiveness of the arrangements described in this document are reviewed on a regular basis in the light of the findings of the FA Group Health and Safety Continual Improvement process.

This content will be reviewed and endorsed by the document owner annually or in accordance with the stated next review date below.

VERSION CONTROL

Document Title	Risk Assessment – Delivery of football Experience – With Hydrotherapy
Document Owner	Chris Scott

DOCUMENT CREATION / REVIEW

Last reviewed	Created / Reviewed by	Next review
November 2024	Chris Scott / Kevin Sanders and Elaine Reid	November 2025

VERSION HISTORY

Version	Date Released	Originator	Authorised	Comments
Version 1	March 2021	Chris Scott	Tom Wike	New Risk assessment
Version 2	June 2023	Chris Scott	Tom Wike	Review and update to new template
Version 3	November 2024	Chris Scott/Kevin Sanders/ Elaine Reid	Chris Scott	Review – Updated emergency arrangements

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DOCUMENT SCOPE AND OBJECTIVES

This document outlines the assessment of the hazards and risks for the named activity above and the included activities and hazards as listed below.

The objective of this document is to ensure that, as far as reasonably practicable, all known and relevant significant hazards and risks are controlled to an acceptable level. To fulfil this objective thefindings below must be communicated to those specified to be at risk, as appropriate.

The findings of this risk assessment and associated control measures will be reviewed by appropriate inspections and audits relevant to the level of hazard and risk. This document and associated control measures will be reviewed in light of any adverse event, increase in awareness of hazards or risks, or at the review interval as indicated above.

RISK MATRIX

			SEVERITY	,		
		1 INCONSEQUENTIA L(E.G. NO INJURY)	2 MINOR INJURY (E.G. FIRST AID)	3 MODERATE (E.G. LOST- TIMEINJURY)	4 MAJOR (E.G. EXTENSIVE INJURIES)	5 CATASTROPHIC (E.G. FATALITY)
	1 RARE	1	2	3	4	5
ГІКЕ ЦІНООБ	2 Unlikely	2	4	6	8	10
TIK	3 POSSIBLE	3	6	9	12	15
	4 LIKELY	4	8	12	16	20
	5 ALMOST CERTAIN	5	10	15	20	25



Football coaches contracted by the FA deliver a football experience for grassroots football teams at St. George's Park the National Football Centre

Location address - St Georges Park, Newborough Road, Needwood, Burton Upon Trent, Staffordshire. DE13 9PD

Facilities used - Artificial grass surfaces (predominantly pitch 7a but pitch 2 and 7 are sometimes used) and the Hydrotherapy facility.

Emergency Arrangements

First aid

- Clubs attending should ensure they have access to any medical Information regarding any of the participants Involved.
- Clubs should ensure that they have first aiders in attendance during the session along with basic first aid equipment.
- The FA coaches will hold an appropriate first aid qualification.
 Fire
- Any person discovering a fire Activate the nearest break glass call point and exit the building via the nearest and safest fire exit
- On hearing the fire alarm The emergency alarm is a siren. Upon hearing this all attendees should leave the building by the nearest available exit and proceed to the assembly point.
- Location of assembly point National football Centre Car Park



ACTIVITY	HAZARD	WHO MIGHT BE HARMED	RISK RATING (L X S)	CONTROL MEASURES	RISK RATING AFTER CONTROLS (L X S)	RESULT (L, M OR H)
Visitors participating in Sporting Activities	Sporting injuries,	Employee's and Visitors	4x4	 Designated, purpose-built facilities. Appropriately qualified coaches delivering the experience's Coaches are qualified First Aiders Clubs to ensure they have any medical details and next of kin details for all participants in case of a life-threatening emergency. Supervision at all times by appropriately trained coaches All participants to wear appropriate footwear. 	2x4	Medium
Large groups taking part in sporting activities	Injuries caused through lack of appropriate supervision.	Visitors	3x3=3	 Clubs to ensure that their coaches are present and provide adequate supervision during the activities as per FA guidelines Appropriate number of coaches to be booked to deliver the session. 	1x3=3	Low



ACTIVITY	HAZARD	WHO MIGHT BE HARMED	RISK RATING (L X S)	CONTROL MEASURES	RISK RATING AFTER CONTROLS (L X S)	RESULT (L, M OR H)
Visitors participating in Sporting Activities	Exaggeration of pre- existing medical injury	Visitors	3x4=12	 Coaches to verbally confirm with the leader of the group if there are any pre-existing medical conditions. It is the responsibility of the lead person of the group to highlight any pre-existing medical conditions that may be affected by participating in physical activity. It is the responsibility of all participants to ensure that any medicines that they may require (e.g. asthma inhalers/epi-pens) are carried with them or are in close proximity of the area in which they are taking part in activities. Coaches to ensure that they have the ability to summons emergency assistance dependant on their location on site. 	1x4=4	Low
Physical Activity on Outdoor Pitches	Adverse Weather Thunderstorms, High winds, Wintery weather	Employee's and visitors	3x4=12	 Adverse Weather Procedure to be followed. SGP Operations Manager to consider all available weather information, where possible alternative indoor facilities will be arranged or the activities postponed to an alternative date. 	1x4=4	Low



ACTIVITY	HAZARD	WHO MIGHT BE HARMED	RISK RATING (L X S)	CONTROL MEASURES	RISK RATING AFTER CONTROLS (L X S)	RESULT (L, M OR H)
Use of the Hydrotherapy suite	Risk of drowning, contraction of infection, risk of Hypothermia	Visitors	3x4=12	 Under 12's are restricted from using the contrast pools (hot and cold) due to a higher risk of Hypothermia and Heat stroke. This is due to thermoregulation systems not being as efficient at regulating body temperature in younger children. In addition there is the psychological development to consider as younger children are not able to tolerate or control their behaviour as well as older children and hence increasing the likelihood of other injuries occurring from slip and trips etc Maximum group size of 32 in the Hydrotherapy suite The Operations team aretrained in pool rescue skills and are responsible for water extractions. Poolside emergency alarms should be used to alert the team in life-threatening situations Participants with open wounds will not be allowed into the Hydrotherapy pools because of the risk of infection. All participants to follow the user guide for Hydrotherapy. (This document is available upon request). Coaches must highlight the user guide to all participants before a Hydrotherapy session and complete a safety briefing based upon this document. 	2x4=8	Medium